

News Release

FOR IMMEDIATE RELEASE

The Rise Journey takes people-centered workplaces to the next level with the launch of Rise with OPHR

Accessible resources are available as a subscription self service for HR and DEI professionals through two membership offers: OPHR Essentials and OPHR Advanced

New York, January 31, 2023 - The Rise Journey has launched Rise with OPHR (OPHR), a subscription self service built to guide organizations' missions and objectives into alignment with best practices and culturally shifting Human Resources (HR) initiatives. OPHR stands for the "One Person Human Resources" department that many organizations know all too well. OPHR membership provides access to a resource center with affordable, easy-to-access tools needed to build and support an inclusive and engaging workplace culture.

"OPHR is built on the belief that HR is essential to people-centered workplaces and budget should not be a barrier to quality HR guidance," said Jessica Lambrecht, Founder and CEO of The Rise Journey. "We are truly looking forward to developing this program with the one person HR teams in mind."

OPHR is designed for those who need a trusted partner in strategic HR but may be operating without the resources or capacity of a larger HR team. The resources are expert-backed and help HR and DEI professionals reclaim workflow, simplify processes and broaden inclusivity in the workplace.

Membership consists of two levels: OPHR Essentials and OPHR Advanced. OPHR Essentials is free and consists of the basics, including an inclusive calendar, glossary, email templates, FAQs, guides and more. OPHR Advanced is a paid subscription and offers higher level support and collateral to create an end-to-end HR function, covering every step of the employee life cycle.

For more information about OPHR, visit <https://www.risewithophr.com/>

About The Rise Journey

The Rise Journey is an HR strategy and organizational culture consultancy built on the ethos that all businesses deserve equitable HR and DEIBA practices to help facilitate positive organizational change - even if they are small businesses, have lean HR teams, or have limited resources. Founded in 2018, The Rise Journey addresses the gap in DEIBA and organizational



development. The company's mission is to provide high-value, metrics-driven support to facilitate organizational change based on inclusion and social impact for small HR teams.

Rise is a fully bootstrapped, women-owned, fast-growing business with a team and advisors that span regions, nationalities, race, ethnicity, disability, socioeconomic status, immigrant background, and other areas of diversity.

Visit The Rise Journey's [website](#) for more information.

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